

BOXWELL

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11

WINTER CAMP

LET THE GAMES BEGIN

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Winter Camp 2011

Brought to you by Wa-Hi-Nasa Lodge

Middle Tennessee Council, BSA



Dear Scout Leader:

Wa-Hi-Nasa Lodge is proud to serve the Middle Tennessee Council by hosting Winter Camp for the 9th consecutive year. The theme for 2011 is the Sports Experience. Some of this year's activities will include flag football, dodge ball, and Volleyball tournaments as well as food you would enjoy at a sports event!

New to Winter Camp in 2011, is the addition of extra time allotted in the afternoon for Merit Badges to be completed that require additional time and effort. This year we are planning to take a trip on the "Music City Star" commuter train. We are in the planning stages and it looks like we may be able to bus about 200 scouts (first-come basis) to Martha's Station located at Highway 109 and Highway 70 near Lebanon and ride the train into Nashville and back. **Keeps your fingers crossed!**

Afternoon activities will focus on teambuilding skills allowing for new levels of fun and excitement for Scouts. The NRA Appleseed program new to Winter Camp as well as black powder, shotgun shooting, and archery will be held in the afternoon periods as in previous years. We will also open camp with a great campfire program with fireworks!

Winter Camp is truly a unique opportunity that allows scouts to experience Boxwell Scout Reservation in a greatly diverse way. A scout is able to earn merit badges and participate in activities that are not obtainable at summer camp. The weather, activities, training, and overall camp atmosphere are vastly unique.

We are positive scouts attending Winter Camp will not be disappointed with their experience. Just ask one of the hundreds of satisfied campers who have attended Winter Camp in the past.

We are excited about Winter Camp 2011 and look forward to seeing you there!

WWW,

Derek Hall

2011 Winter Camp Director

Will Gentry

2011 Winter Camp Advisor

Boxwell Reservation

Boxwell Reservation is located on Old Hickory Lake in Wilson County on State Highway 109, five miles south of Gallatin near LaGuardo, Tennessee. Its beautiful location features rolling hills with lots of good campsites and hiking trails. The surrounding waters are excellent for swimming, canoeing, fishing, and other aquatic activities. For these reasons and because of its central location, it was chosen to meet the needs of Scout units in the Middle Tennessee Council. In 1952, the original site was located and, in 1957, the Middle Tennessee Council acquired, by special act of Congress, fee simple (\$1.00) title to 528 acres of land from the U.S. Army Corps of Engineers. Subsequent purchases brought its size up to 1,300 acres.

Actually, there have been four "Boxwells": Linden, Tennessee (1921-29), Narrows of the Harpeth (1930-48), Rock Island (Charles E. Parish Wilderness Reservation near McMinnville) (1949-59), and the present one. In 1938, the Order of the Arrow's Wa-Hi-Nasa Lodge #111 was founded at the Narrows of the Harpeth. In 1951, the South's first Wood Badge course was offered at the Rock Island camp. Each "Boxwell" provided great outdoor experiences for boys and their adult leaders, and made its own contribution to the camping traditions of the Middle Tennessee Council. Today's Boxwell Reservation on Old Hickory Lake reflects and accelerates the rapid growth of Scouting in Middle Tennessee. Many people worked hard to raise the funds and make the arrangements necessary to acquire and develop these camps. Boxwell Reservation is named for the late Mr. Leslie G. Boxwell, a distinguished Tennessean and Scouter.

In 1960, the first camp season at the present camp was held for hundreds of eagerly waiting Scouts. Since 1960 over 100,000 Scouts and Leaders have experienced camping at Boxwell. Nearly every kind of tree native to Tennessee can be found somewhere on the reservation, and animal life is plentiful. Some evidence exists to suggest that the ground beneath is honeycombed with caves, and it is believed that Indian and pioneer trails crossed it.

The camps within the reservation are named for other outstanding citizens and Scouters. The developed camps include Camp Stahlman, Camp Parnell, Camp Craig, Gaylord Cub World, and the Percy Dempsey Camporee Site. Camp Light, Explorer Island and Camp Beanie Elam have been kept as wilderness sites. Boxwell Reservation is rich in tradition and widely considered one of the very best winter camp facilities in the United States.

Winter Camp

Now entering its ninth season of an alternative camping experience, Winter Camp continues to be hosted by The Order of the Arrow WA HI NASA Lodge 111. Troops from all over Middle Tennessee Council and some from nearby Councils in Tennessee and Kentucky have attended Winter Camp at Boxwell. Some Troops boast that they have been there each and every year and do not want to break their string. Our Merit Badge Counselor Staff is made up of OA Volunteers that are very knowledgeable in the Merit Badge Topics. Being only one of a handful of councils across the country, Middle Tennessee is very proud to provide a Winter Camp experience to our Scouts.

TROOP PREPARATION FOR CAMP

If your troop follows the steps listed below, the process of preparing everyone for an enjoyable experience at Boxwell should go smoothly.

Upon receiving this Leader's Guide:

- Inform or remind all Scouts and parents of camp dates (Dec 27th – Dec 31st).
- Recruit two or more adult leaders to spend the week with your troop. (If you can't come as a troop, **PLEASE** encourage your boys to come as adopted scouts or as a provisional camper.)
- Note payment dates and begin fundraising, if necessary.
- Make arrangements for medical examinations with a local physician
- Schedule a Parent's Night program in September.

Parent's Night:

- Describe the camp program and troop operation plan for camp.
- Provide information about what each Scout will need.
- Distribute and explain the Personal Health and Medical Summary Form*.
- Distribute and explain Trading Post Pre-order form.
- Collect the first individual camper registration payment for each Scout.

Before November 11:

- Register online at www.mtcbsa.org or send registration form & fees to Scout Service Center.
- Have Scouts select merit badges and other opportunities to pursue at camp. This is a first come, first serve basis for Merit Badges.

During November and December:

- Give final notice to all boys and parents about plans for attending camp.
- Work on merit badge requirements that cannot be done at camp.
- See that all Scouts and Leaders receive the medical forms they need.
- Arrange for transportation to and from camp.
- Collect completed Personal Health and Medical Summary forms.

Three Weeks before Camp:

- Attend Pre-Camp Meeting at Jet Potter Scout Service Center on December 8, 2011.
- Bring payment for balance of fees if not paid prior to **November 11, 2011** for discount.

One Week before Camp:

- Review Troop Program Schedule from Pre-Camp Meeting.
- Double-check medical and health history forms.
- Prepare the troop and patrol equipment to bring to camp.
- Inspect each Scout's personal gear and uniform.
- Finalize transportation arrangements to and from camp.

***We must have a completed medical exam and health history form from each Scout and Leader in camp on file in our Health Lodge during attendance at camp.**

Winter Camp Planning Calendar

- | | |
|-------------------|---|
| January 2011 | <ul style="list-style-type: none">• Winter Camp announced at Annual Camp Kick-Off |
| June - July 2011 | <ul style="list-style-type: none">• Preview at Scout Master Steak Dinner |
| September 2011 | <ul style="list-style-type: none">• Online Registration opens at www.mtcbsa.org• Review Camp Plans• Notify Parents and Scouts of Camp Dates & distribute information to parents at Troop Camp Promotion Night• Arrange for Camp Leadership Begin Schedule Development• Roundtable Promotion |
| November 11, 2011 | <ul style="list-style-type: none">• Trading Post Pre-Order Deadline. They must be in the Scout Service Center.• Early Bird Discount and Scout Merit Badge Class selections Deadline |
| December 8, 2011 | <ul style="list-style-type: none">• Pre-Camp Meeting• Deadline for regular fee payment in full• Deadline for refund request |
| December 27, 2011 | <ul style="list-style-type: none">• Camp Starts |

**Camp Schedule / Meal schedule will be finalized at
Pre-Camp Meeting on December 8, 2011**

2011 Winter Camp Fee Schedule

The Middle Tennessee Council Camping Committee has established the following camp fees for both in-council and out-of-council troops. This fee schedule is provided to assist you in planning for winter camp.

Description	Discount Fee* by November 11	Regular Fee after November 11
Camper Fee (Deposit of \$30.00 by November 11)*	\$95.00	\$110.00
Provisional Camper or Adopted Scout*	\$95.00	\$110.00
No Cost Adult Leaders	2 Adults per unit	2 Adults per unit
Extra Adults	\$40 per person	\$40 per person
Recreational Rifle Shooting (Per Target which is 5 shots); additional 5 shots costs \$0.25	1 target & 5 shots free / additional 5 shot rounds \$.025 each	1 target & 5 shots free / additional 5 shot rounds \$.025 each
Recreational Shotgun Shooting	First Five shots free / additional 5 shot rounds \$1.25 each	First Five shots free / additional 5 shot rounds \$1.25 each
Recreational Black Powder Shooting	First Two shots free / additional 2 shot rounds \$2 each	First Two shots free / additional 2 shot rounds \$2 each

**A Deposit of \$30.00 per Scout must be received by November 11, 2011 in order to qualify for the Discounted Fee. The balance of the camp fee(s) must be received by December 8, 2011 to receive the discount fee. Regular fee schedule applies if a Scout did not register and/or pay by the Early Bird deadline.*

Refund Policy

The Middle Tennessee Council Camping Committee's refund policy reads: Individuals that cancel a reservation 10 days prior to attending Winter Camp will receive a refund of fees paid, less a \$30 cancellation charge. No refunds will be made after the 10-day cancellation deadline. No refunds will be considered unless the refund form provided in the forms section of this guide is completed and received at the Jet Potter Scout Service Center 10 days prior to the unit's first day in camp. Refunds of 100% of fees paid will only be given for medical related cancellations where a doctor's note is provided.

Winter Camp Camperships

Middle Tennessee Council offers Camperships for Scouts who would not be able attend camp due to financial difficulties. Campership amounts will be granted based on the financial need of each applicant. Camperships are not transferable if the Scout cannot attend camp.

Applications for these Camperships are available at the Middle Tennessee Council Scout Service Center, in the forms section of this guide or www.mtcbsa.org. These forms are due no later than Nov. 11, 2011. Leaders will be notified of Campership approvals prior to the Pre-camp Leaders meeting on Dec. 8, 2011.

*Note: While a Scout may apply for a Campership, the Scout's name must be submitted with the Troop's registration.

All Scouts who submit a Campership Application should pay a portion of their fee. Scouting teaches a Scout to be thrifty. Partial scholarships enable more boys to attend Winter Camp. All partial payments for Camperships must be paid in full by Dec. 16, 2011, to the Middle Tennessee Council Scout Service Center or the regular fee described under Winter Camp Fee Schedule will be assessed. In 2010, the Middle Tennessee Council awarded over \$54,000 in Campership funds.

Fees Transmittal

This year Winter Camp will once again be using the *Doubleknot* for our online registration. Troops can also send a list of Merit Badges and program selections using the Troop Fee Transmittal Form, Troop Roster and Troop Schedule. However, online registration is "real-time" and will help your Scouts to get registered more quickly. Schedules will be accepted up to the Pre-Camp Leaders meeting; however, all Merit Badge classes are filled on a first-come basis. Remember that space is limited on all programs.

Fees are transferable to other scouts, but it is up to the canceling individual to arrange for payment reimbursement from the replacement scout. The Middle Tennessee Council Service Center must be informed of any fees that are transferred at the Pre-Camp Leaders' Meeting. Refund checks will be mailed after the troop attends camp.

Pre-Camp Leader's Meeting

This meeting is very important in making your camp experience a Great Experience! At this meeting, here's what the Scoutmaster and Senior Patrol Leader will do:

- Pay final winter camp fees (if any) and notify staff of how many youth and adults are signed up to attend.
- Review CLASS SCHEDULES for the Scouts in your troop.
- Review assignment of check-in time for winter camp.
- Review dining hall procedures.
- Find out about any winter camp program changes.
- Ask questions about camp; get all the answers you need.

The date for the meeting is Thursday, December 8, 2011. The meeting will begin at 7:00 p.m. and will conclude before 8:30 p.m. The meeting will be held this year at the Beaman/Curb Conference Center.

IMPORTANT: Troops that do not send a representative to the Pre-Camp Meeting, or those who do not make prior arrangements with the camp director, lose all priority for merit badge classes and check-in arrangements. Out of council troops may conduct this meeting by phone, fax and/or mail. Please contact Carl (ext. 232) or Kim (ext. 265) in the Camping Department.

Order of the Arrow

The Order of the Arrow is an honor camping group of Scouts elected by the members of their troops. A Brotherhood ceremony will be conducted on Wednesday, December 28 for Ordeal member's eligible from within Wa-Hi-Nasa Lodge. There is a \$16 fee for the conversion. There is also a Cracker Barrel and patch trading session conducted on the same night.

If you would like the OA to visit your Troop to promote Boxwell or conduct a unit election, contact your OA Chapter Chief or Advisor. You may also contact our Lodge Chief.

Camp Policies and Procedures

Adult Leadership

Each unit must have responsible adult leadership. Each unit in camp is required to have at least two adult leaders present at all times. Units that are unable to secure two-deep leadership should contact their district committee to make arrangements to combine with another unit or make other arrangements for their scouts at winter camp. Leaders must be present day and night. One leader must be at least 21 years of age and the second leader must be at least 18.

Insurance

Each troop in the Middle Tennessee Council pays \$1.00 per scout and per leader at charter renewal to cover insurance for each person in the troop. This will insure them at camp as well as at all other Scouting activities. The Council will file all necessary insurance forms in the event of an accident.

The Middle Tennessee Council does NOT insure troops visiting from outside the Council. Troops must have insurance either through their troop or through their home council. Please send proof of insurance along with your initial Winter Camp Registration.

Provisional Scouts

Some troops are unable to attend Boxwell because of leadership problems. Scouts who need to come to Boxwell without a leader will be put with other selected troops under good adult leadership. Some Scoutmasters will be asked to include these scouts in their troop. Your help in providing these scouts with a positive Boxwell experience is appreciated.

Camp Trading Post

The trading post is well stocked with handicraft supplies, Boxwell T-shirts, merit badge pamphlets and scouting equipment. Candy, cold drinks, and other snack items are also available. Operating hours are daily from 8:30 AM to 9:00 PM.

Most Scouts spend from \$10 to \$30 during Winter Camp for camping supplies, souvenirs, and snacks. We suggest that troop leaders establish a unit "banking" system to help safeguard money boys bring to camp. We cannot be responsible for lost or stolen personal items. Visa, American Express, MasterCard and Discover are accepted at the Trading Post.

General Cleanliness

Let's be clean in everything we are doing. Shower houses will be available for scouts and leaders. Help us keep camp clean. Trash barrels are in each campsite and throughout camp. Please remember the Outdoor Code. Leave camp cleaner than you found it.

Health and Safety

A safe and enjoyable experience has always been the focus of the Boy Scouts for decades. The camping experience at Boxwell Scout Reservation is no exception. In the event of an emergency, Boxwell has immediate response capability with a Wilson County Emergency Management team located only three (3) miles away. We also have Emergency Medical Staff on the site at all times working out of the Health Lodge. They can be contacted by radio 24 hours a day. If needed, a medical doctor is on call 24 hours a day and makes weekly visits to camp. The support is conducted by the Sumner Regional Medical Center located only five (5) miles from Boxwell. This facility offers a full array of state of the art medical services. Emergency transportation by ambulance is only a radio call away and we have established a Predestinated Emergency Landing Area (PELA) with Vanderbilt Life Flight. The Wilson County Sheriff's Department makes random checks of our facility and is ready to assist in the event of an emergency.

Boxwell Scout Reservation takes the safety of each camper very seriously and pledges to do the utmost to see that they have a safe and enjoyable environment to pursue the great ideals of Scouting.

Alcoholic Beverages and Drugs

Alcoholic beverages and illegal drugs are not allowed on council properties. Violators will be asked to leave. Prescription drugs must be placed in the care of the health office at the Health Lodge.

Smoking/Tobacco Usage

Scouts are not allowed to smoke or use tobacco at camp. Adults are asked to exercise discretion among Scouts and use the designated smoking area in camp. **Absolutely, no smoking is allowed in buildings or in tents.**

Fires, Firefighting and Fuel Policy

The danger of fire exists everywhere in camp. The camp staff is prepared to handle firefighting in camp, but you should be prepared to stop or slow the fire until help arrives. Fireguard charts are furnished and must be posted in camp and should be inspected daily by the unit leader to see that responsibilities are assigned and carried out. Failure to sign the Fireguard Chart will result in an unsatisfactory mark for that day's campsite inspection.

Each Troop will need to provide a fire extinguisher.

National BSA policy permits the use of liquid fuel only under the direct supervision of a knowledgeable adult leader. Gasoline and other flammable substances are to be stored in the approved fuel storage area in camp (Contact the Service Corp Director).

Open flames (i.e. candles, Sterno, kerosene lanterns, cigarettes, etc.) are also strictly prohibited in tents.

No fire is to be unattended at any time in a campsite. Therefore, a fire is to be completely out when no one is in the site.

Health Forms for All Participants

Every Scout and adult leader attending camp must present a completed health form upon arrival at camp. This is BSA National Policy.

Scouts and adults must complete Annual Health and Medical Record form (located in the Forms Section of this guide). The form requires a health examination within the past 12 months by a licensed physician or licensed medical practitioner.

During the check-in process, the camp health officer will give each Scout and adult participant a medical screening. In accordance with BSA requirements, any participant not having a **fully completed health form will not be allowed to remain at camp or participate in any events until the health form is completed.** Additionally, during the screening, should any participant exhibit signs of sickness or illness that may be contagious, he will be required to return home until he is able to return to camp without any ongoing sickness or illness. **A copy of the Health Form is located in the Forms Section of this guide.**

Medication Information

The Boy Scouts of America require all medications brought to camp by campers (under 18) to be secured and locked in the camp health lodge.

The medication **must** be in the **original** prescription bottle and include the following information:

1. Camper's name
2. Name of prescribing physician
3. Prescription number
4. Date prescribed
5. Name of medication
6. Directions for use

In Part A of the health form is a section listed as Medication. This section must be completed and signed by both the parent & the prescribing physician for **each** type of medication taken at camp.

Camp Security

An important aspect of youth protection at camp is having some control of visitors in the camp. The Scout uniform, a powerful validation symbol making anyone wearing one seems to be in the right place at a Scout camp. Unfortunately, almost anyone can obtain a uniform, whether or not they are registered in the program.

Everyone in attendance at the camp must wear identification that signifies legitimate participation in the camping program. Wristbands, such as those used in hospitals, will be Boxwell's method. The importance of wearing this identification will be stressed when the unit checks in. It is not necessary to explain the youth protection aspect of this identification beyond its signifying a properly registered participant in the camp program.

All visitors to the camp must stop at the camp office and sign in. A guest book for this purpose will be maintained and positive identification required. A special visitor nametag will be given that will easily identify the person as a legitimate visitor. Upon conclusion of their visit, guests will sign out so that camp administrators will know who is on camp property at all times.

Any time a person is spotted in camp without either a visitor's nametag or camp participant identification, that person should be escorted to the office to sign in (and so staff personnel may determine why that person is on camp property). In addition to these measures we have installed security cameras.

Early Scout Release from Camp

Boxwell Scout Reservation is required to check Scouts out of camp with adults that are approved by the camp unit leader or the parent's name that appears on the Scout's medical form. Any adult not approved by the camp unit leader and not named on the Scout's medical form must have a completed "Release Authorization Form" to check the Scout out of camp. This release form is located in the **FORMS SECTION OF THIS GUIDE**.

Emergency Action Plan

In the event of a camp emergency, notify the Camp Director, Program Director, Camp Ranger, and/or the Camp Medical Office immediately. Where an emergency involving a camper is concerned, the appropriate Scoutmaster should be contacted. Emergency phone numbers are posted at each phone location.

Camp Emergencies: With the exception of a Weather Emergency, all campers are to report immediately to their campsite upon hearing an emergency signal. In the case of a Weather Emergency, campers should seek protective shelter. Once the Weather Emergency has passed, campers should report to their campsites. Campers should remain in the campsites until the "All Clear" signal has been given. Leaders should review these procedures with their campers.

The following emergency signals will be used:

- | | |
|----------------------------|--|
| Fire Alarm: | Three (3) blasts of a car or air horn throughout camp. |
| Weather Emergency: | Continuous blast of a car or air horn throughout camp |
| All Clear: | Two (2) blasts of a car or air horn blast throughout camp |
| Health Emergencies: | The Camp Health Officer will respond to all health emergency situations. |

Vehicles in Camp

The Health & Safety Committee along with the Camping Committee has established a written Policy and Procedures of Vehicles in Camp. The policy follows the guidelines established in the Guide to Safe Scouting as they relate to Boxwell Scout Reservation.

- ◆ **NO PRIVATE VEHICLES** will be allowed beyond the camp parking lot for any reason other than provable disability or pre-approved vehicles used to pull trailers to campsites for the delivery of troop and personal gear.
- ◆ Weather permitting, trailers will be allowed in campsites. However, vehicles used to pull trailers must deliver and return to the designated parking lot within one hour.
- ◆ All parking **must** be confined to designated parking lots.
- ◆ All program and administration sites are within convenient walking distance of all campsites.
- ◆ **CAMP SPEED LIMIT IS 25 MPH**
- ◆ No one under the age of 18 will be allowed to drive on the Reservation; with the exception of arriving at respective camp parking lot.
- ◆ Visitors must park in visitor's parking lot and check in at Cripple Crab before proceeding to their respective camp. **NO PARKING ALONG ROAD!!**
- ◆ After check-in, please proceed to designated parking lot in respective camp.
- ◆ Due to safety and conservation vehicles used in camp will be limited to only those designated as Administrative Staff.
- ◆ Administrative vehicles with appropriate identification which will be allowed to move about the reservation and designated camp with "**Safety First and Foremost**" are as follows:

*Reservation Manager	*Reservation Director
*Ranger One	*Ranger Two
*Camp Truck of Camp Craig/Parnell/Stahlman	*Sanitation (Garbage) Truck
- ◆ Private vehicles of Camp Staff members must be parked in designated parking lot by 1:00 PM on December 27th and remain there until departure on December 31st.

- ◆ **Violations of this policy will result in loss of driving privileges at Boxwell Scout Reservation. Determination of whether an individual is in violation will be left to the discretion of the Reservation Manager and/or Reservation Director.**

Dining Hall

Meals are served in our indoor, heated facilities. The dining hall will be set up to serve only the number needed for each serving period. The maximum number allowed by the Fire Code would determine the number of tables and chairs allowed for each serving period. Scouts will be allowed to refuse items and request additional portions as they walk through the line.

Winter Camp Staff will be monitoring the serving line during each and every meal. Cleanup responsibility will fall on each Troop Table Cleanup Monitor.

Procedure:

- Troops will be assigned tables based on 1 table per 8 people in camp.
- Each troop will appoint 1 cleanup monitor per table assigned.
- At assigned serving time, troop will enter Dining Hall and take a seat at their assigned tables.
- After everyone has been seated, announcements will be made and grace for meal will be said.
- After grace, each side of Dining Hall will be dismissed to line up for serving.
- Approximately 15 minutes prior to the end of the meal period, everyone will be encouraged to participate in program.
- Following program, everyone will be dismissed except the table monitor. At this time the clean up window will open and monitors may return trays and clean tables.

Food - An Important Ingredient to a Great Camp Experience

Based on comments received from Scouts and Leaders, our food service continues to improve greatly each year. We continue to listen to your suggestions regarding the menu and food quality. Our pledge to you is continued improvement; therefore your suggestions are appreciated.

A carefully planned and prepared menu will improve the eating habits of scouts and the consumption of well-balanced meals in adequate quantities will help build strong bodies.

Appropriate condiments will be served with all meals. Peanut butter and jelly will be available at all meals. Salad Bars with fruit will be used at lunch and dinner occasionally. Fruit will be at least a choice of apples and oranges. Other fruits may be served. Cold cereal will be a choice of at least four flavors. Juice will be a choice of at least two flavors. Drink stations will have hot chocolate, coffee, water and milk available for all meals. Non-carbonated drinks will be available for lunch and dinner.

Winter Camp Information Sheet

Scoutmasters and Senior Patrol Leaders: Please distribute copies of this page to each Scout.
Camping will be Jamboree Style with your own tents.

WHAT TO BRING TO WINTER CAMP

PERSONAL GEAR

Scout Uniform (shorts or long pants)
Order of the Arrow Sash (If a member)
Medical form (MANDATORY)
Scout Handbook
T-shirts
Pants, extra
Socks and underwear
Waterproof Footwear
Poncho or rain gear
Warm Clothing
Blankets or Sleeping Bag
Sleeping Pad
Toilet kit (toothbrush, towel, soap, etc.)
Water bottle
Flashlight (with fresh batteries)
Pen and Paper
Spending Money for the Trading Post

BE PREPARED FOR RAIN

EXTRAS (Optional)

Fishing Gear
Pocket Knife
Watch
Sunglasses
Small Musical Instrument
Water Proof Footwear
Straw (In case of rain)
Dutch Ovens (Used for Cooking Competition)
Food (For use in Cooking Competition)
Fire Wood

CAMP MAILING ADDRESS

Scout Name: _____
Troop Number: _____
Boxwell Reservation
Winter Camp
1284 Creighton Lane
Lebanon, TN 37087

TROOP EQUIPMENT

Tents & Ground cloths
Troop flag and American Flag
Patrol flags
Scoutmaster's Handbook
Lanterns
Broom
Water Containers
Water Cooler
Fire Extinguisher
Dining Fly, Poles, Rope
Ax & Camp saw

WHAT NOT TO BRING TO CAMP

Bikes
Roller blades or skates
Skateboards
Dogs (Except for Guide Dogs)
Sheath knives
Butterfly knives
Fireworks

SCOUT OFFICE ADDRESS

Middle Tennessee Council
PO Box 150409
Nashville, TN 37215
(615)383-9724

Boxwell Phone: (615) 444-2692

2011 Winter Camp Program Training Program

Outdoor Skills, Merit Badges, Recreation, Fun, Fitness, Leadership Skills

The Winter Camp experience will offer a wide variety of Merit Badge and training programs. The staff is committed to work with your troop to meet your training needs.

Winter Camp offers training program opportunities designed for Adult leaders, troops, patrols and individual Scouts. Programs have been designed for new Scouts, returning Scouts and veteran Scouts. Please take time to design your troop's program to meet the needs of all the Scouts in your troop.

Online Merit Badge Program

This year Boxwell Reservation will once again be using the **Doubleknot** for our online merit badge registration. Troops can also send a list of Merit Badges and program selections using the Troop Fee Transmittal Form, Troop Roster and Troop Schedule. However, online registration is "real-time" and will help your Scouts to get registered more quickly. Schedules will be accepted up to the Pre-camp meeting however, all Merit Badge classes are filled on a first-come basis. Remember that space is limited on all programs.

The Camping Committee upon recommendation from the Scoutmaster's Task Force has developed a list of recommended merit badges based on the Scout's skill level (*Scout's year(s) in scouting and rank achieved*). However, Scoutmasters have the option of sending scouts to merit badge classes not recommended for their skill level. Please use your best judgment in determining if the Scout is ready to earn the merit badge. The Scoutmaster may approve any requirements completed before/after Winter Camp.

First Year Scouts and/or Tenderfoot Rank Merit Badges	Second Year Scouts and/or Second Class Rank Merit Badges	Third Year Scout & Beyond and/or First Class Rank Merit Badges
Art Composite Materials Crime Prevention Dentistry Electricity Electronics (\$5 fee) Energy Finger Printing Geocaching Home Repairs Law Painting Photography Plumbing Pottery Public Health Scouting Heritage Veterinary Medicine	All 1st Year Merit Badges plus: Backpacking Citizenship in the Community Communications Farm Mechanics Fly Fishing Horsemanship Journalism Metal Work Model Design Orienteering Radio Wilderness Survival Wood Working	All 1st and 2nd Year Merit Badges plus: Athletics Citizenship in the Nation Citizenship in the World Cycling Fire Safety Medicine Personal Fitness Railroading Safety Traffic Safety Truck Transportation

2011 Winter Camp Merit Badge Class Schedule

Merit Badge	Skill Level Required	Requirements to be Complete prior to Camp	Number of Scouts allowed per class	Day(s) Offered
Art	1		35	Wednesday
Crime Prevention	1		35	Wednesday
Composite Materials	1		35	Wednesday
Home Repairs	1		35	Wednesday
Electricity	1		25	Wednesday
Public Health	1	5 & 6	35	Wednesday
Pottery	1		35	Thursday
Plumbing	1		35	Thursday
Medicine	1	9,10,11,12	25	Thursday
Energy	1	8	35	Thursday
Geocaching	1		15	Thursday
Scouting Heritage	1	4,5, & 6	35	Thursday
Safety	1	7,10	35	Friday
Photography	1		30	Friday
Painting	1		25	Friday
Finger Printing	1	4,6 & 7	35	Friday
Electronics (\$5 fee)	1	3	30	Friday
Dentistry	1	3	20	Friday
Veterinary Medicine	1	6	20	Friday
Law			25	Friday
Orienteering	2	6a,7a,7b,8,9,10	35	Wednesday
Model Design	2		30	Wednesday
Farm Mechanics	2		30	Wednesday
Communications	2	5,8	35	Wednesday
Citizenship in the Community	2	3,7	35 per day	Wed / Thu / Fri
Radio	2		35	Thursday
Metal Work	2		35	Thursday
Fly Fishing	2		30	Thursday
Backpacking	2	9e,10,11	35	Thursday
Wood Working	2	6	35	Friday
Wilderness Survival	2		35	Friday
Journalism	2	2,4	25	Friday
Horsemanship	2		35	Friday
Traffic Safety	3		35	Wednesday
Fire Safety			35	Wednesday
Personal Fitness	3	2b,6,7,8	35	Wednesday
Citizenship in the World	3	7	35 per day	Wed / Thu / Fri
Citizenship in the Nation	3	2,3,6,7	35 per day	Wed / Thu / Fri
Truck Transportation	3		35	Thursday
Cycling	3	8,9	15	Thursday
Railroading	3		25	Thursday
Athletics	3	1,4,5	25	Friday

All merit badge requirements can be completed at camp unless otherwise noted in the Complete prior to Camp Column.

PLEASE NOTE: Class sizes are limited based upon Merit Badge Counselor's materials, and facility limitations. Each class will be filled on a first-come basis. Additional fees are noted in the above listing however this may be subject to change.

Additional Opportunities for Recreation

Youth

Recreational Black Powder at Stahlman Rifle Range	December 28	1 – 4 PM
Recreational Shotgun at Shotgun Range	December 30	1 – 4 PM
Recreational Archery at the Stahlman Archery Range	December 28 - 30	1 – 4 PM
Rifle at the Stahlman Rifle Range	December 28-30	1 – 4 PM
Project Appleseed Rifle Clinic	December 29-30	1 – 5 PM

Adults

COPE for Adults	December 28	9:00am	COPE Course
Cole Water Safety and Rescue	December 28	2:00pm	OA Lodge for Adult Leaders
Q&A with Hugh Travis, MTC Scout Executive	December 29	9:00am	OA Lodge for Adult Leaders
Information session on Latimer High Adventure Reservation	December 30	9:00 am	OA Lodge for Adult Leaders
Scoutmasters Only Shoot at the Shotgun Range	December 29	1:30 – 4 PM	

COPE for Adults

9:00 am

Offered on Tuesday, Dec 28, at the COPE Course

Cold Water Safety and Rescue

2:00 pm

Offered on Tuesday December 28, at the OA Lodge

Questions & Answers with Hugh Travis, MTC Scout Executive

9:00 am

Offered on Wednesday, December 29, at the OA Lodge for Adult Leaders

Information session on Latimer High Adventure Base

9:00 pm

Offered on Thursday, December 30, at the OA Lodge for Adult Leaders

Shotgun Shooting for Scoutmasters

1 - 4:00 pm

Offered on Wednesday, December 29, at Shotgun range

Project Appleseed Rifle Clinic

December 29-30

1 – 5:00 pm

Free -- Limited to the first 20 who sign up -- Learn rifle safety and marksmanship skills as well as the real history of what happened at Lexington and Concord on the most important day in American history. Day one includes rifle safety, and shooting basics as well as a presentation on what led up to the American Revolution. On day two you will hear the rest of the story of April 19, 1775 and learn how to dramatically improve your marksmanship skills and shoot the Army (rifle) Qualification Test (AQT). Those shooting a score of 210 or better out of 250 on the AQT earn the Appleseed Rifleman patch. For more information about Appleseed go to www.appleseedinfo.org

Conservation Projects

The BSA realizes that the conservation of our natural resources is vital to the future of this country. Participation in conservation and work projects allows scouts a chance to enjoy and develop a love and appreciation of the outdoors. Conservation projects will be available for troop participation while attending Boxwell winter camp.

Duty to God Program

A Scout is Reverent! Each day at Boxwell, you will encounter God's handiwork on many occasions. The Boxwell **Duty to God** Program will allow you to reflect on that and earn some recognition. By completing a few simple tasks at camp, participants earn a patch. Those interested in earning the "Duty to God" patch must attend Wednesday religious service. Participate in at least one daily devotional with your Scout unit. Lead Grace before a meal. After completing the requirements, turn in the completed sheet to the Camp Chaplain Aid or Program Director. Patches are available for purchase at a cost of \$4 per patch.

How to Volunteer for Adult Camp Staff

Does your troop have some extra adults who need something special to do at camp? Maybe you can provide some VOLUNTEER ADULT STAFF MEMBERS this winter. Talk to the adults who work with your troop. See if anyone wants to teach their favorite skill at camp, to boys from your troop and other troops.

Please complete the form in the **FORMS SECTION OF THIS GUIDE** to let the Program Director know what they would like to teach and when. Complete this form and send it to the Scout Office as soon as possible. We will re-confirm your volunteer staff plans at the Pre-Camp meeting, and announce this to all troops that will be at camp that week.

Adults from your troop may also want to help out at camp in other ways. We always need help with plumbing and electrical work, carpentry, and other camp maintenance. Use the form to tell us about it. If there are questions, we will get back in touch with you.

Remember that your troop needs at least two adults with your Scouts at all times. If someone from your troop volunteers to teach classes or do other work away from your campsite, you may need extra adults to make sure you have two-deep leadership at all times for your troop.

Scoutmasters' Luncheon

A teacher, a listener, a motivator, a disciplinarian, these are just a few roles of a Scout Leader. Though a leader's role in camp is probably the most challenging, it is also the most rewarding. The staff at Boxwell understands the challenges and the reward, so we are also willing to assist where needed.

As a token of our appreciation for your leadership in bringing Scouts to Boxwell; the council camping committee and staff hosts a Scoutmasters' Luncheon on December 29.

Boxwell Scout Reservation Baden Powell Troop Award

The Boxwell Scout Reservation **Baden Powell Troop Award** is an award that may be earned by all troops that participate in Winter Camp. The purpose of the award is to encourage troops to get more involved in camp programs and have a more interactive experience at Boxwell.

In order to earn the Boxwell Scout Reservation **Baden Powell Troop Award**, troops must complete seven of ten requirements. Applications must be turned in by 4:00 PM on December 30th to the Winter Camp Director. Look for more information at check-in!

Campsite Inspection

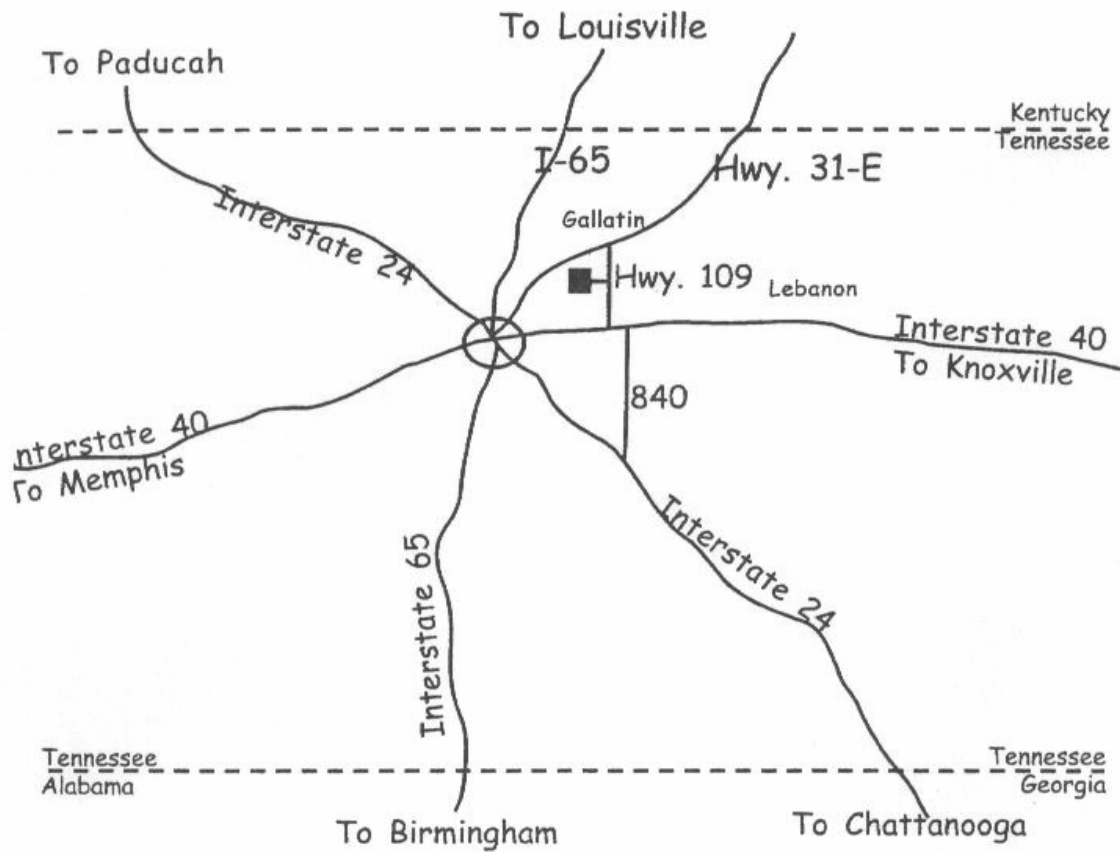
Campsite inspections will be conducted on December 28th, 29th and 30th with a winner each day. Try your best to win and be the first in supper line. Can you meet the challenge? More information will be given out at the pre-camp meeting.

Also, campsite will be inspected upon check-out.

Evening Program

The evening program during Winter Camp will include opening and closing campfires, inter-faith worship service, and **MOVIE** night.

Map to Boxwell



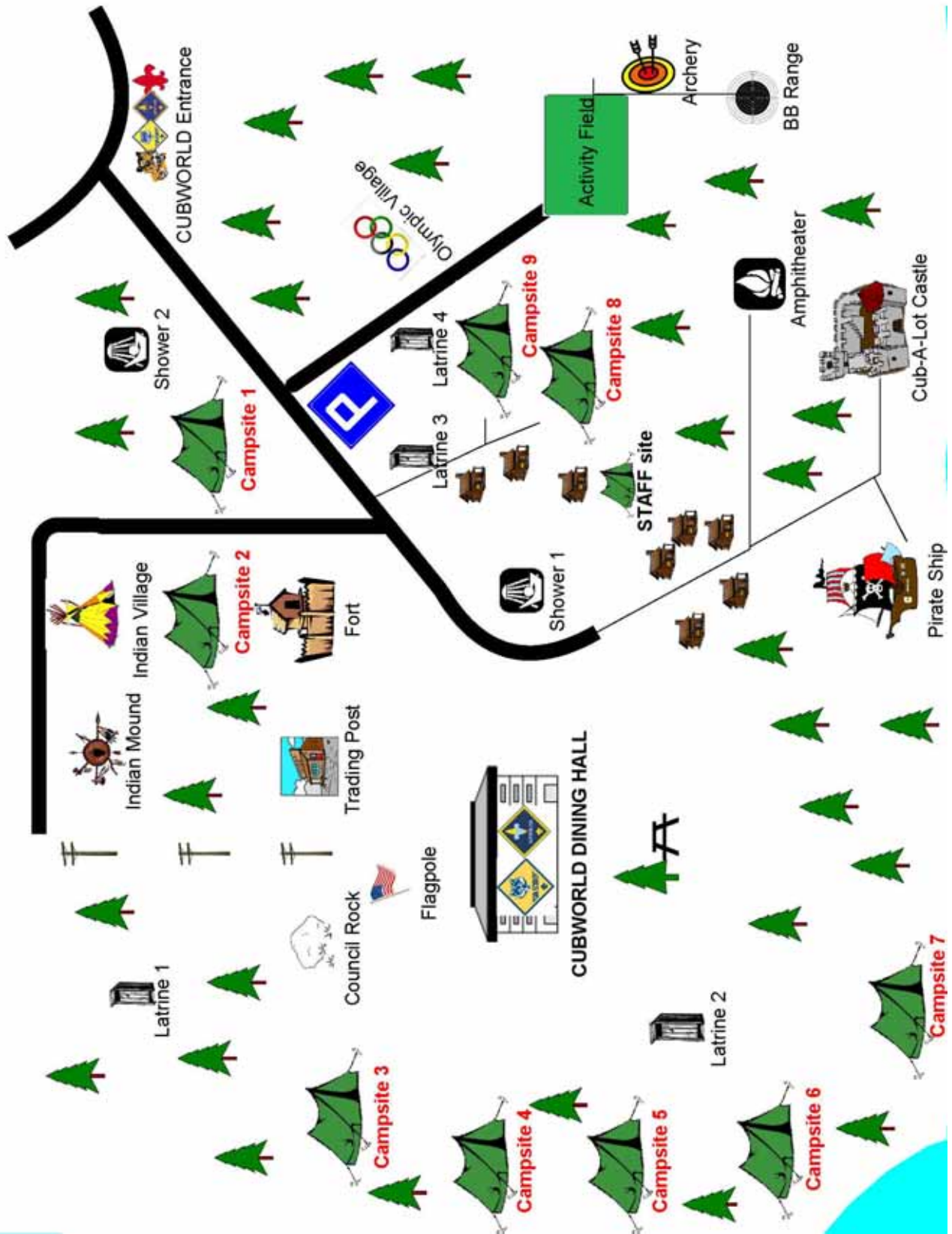
Directions to Boxwell

From I-40:	Exit at Hwy 109 (Exit 232B) and travel north 9.2 miles. Turn left at Boxwell Reservation Sign and the road runs into Boxwell Reservation.
From I-65N:	From North of Nashville – Take Vietnam Veterans Parkway, State Route 386 which turn into State Route 174 Long Hollow Pike, Turn Right onto Hwy 109 Bypass East, go 3 miles to Hwy 109 South towards Lebanon, go approximately 4 miles turning right at Boxwell Reservation sign.
	From South of Nashville (I-65 or I24) Exit SR-840. Take East towards Murfreesboro, Lebanon, Knoxville. Exit at Highway 109. Take North approximately 11 miles. Turn left at Boxwell Reservation.
From I-65S:	Exit Long Hollow Pike and turn left. Turn Right onto Conference Dr. Turn left on Vietnam Veterans Boulevard. Follow directions above.
	If coming from KY, Exit at TN-25 (Exit #112). Turn right and take towards Gallatin. Turn Right onto Hwy 109 S. Boxwell will be on the right.
From I-24:	From Clarksville – Take I-24 East to Nashville. Take I-65 North to Vietnam Veterans Blvd. Follow Directions above for I-65 N.
From 840	From Murfreesboro exit 72B, State Route 265, Central Pike, turns into State Route 109 N. Go 13 miles towards Gallatin, to Creighton Lane, turn, left at Boxwell Reservation sign on left.

Map of Camp Stahlman



Map of Gaylord Cubworld



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Troop Program Schedule

Troop # _____ Contact Name and Number or Email: _____

****To be used only if you do not have access to use the online registration system****

Scout Name	Wednesday			Thursday		
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						

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Troop Roster

Middle Tennessee Council, BSA – Boy Scout Winter Camp

To be used only if you do not have access to use the online registration system

Troop # _____

Please use the name a Scout is registered under, no nicknames. Be sure to include the names of those who have applied for camperships on **this form**. **The voucher from the Campership award letter sent to the parent's/guardians of the Scout must be received with your final payment.**

	Leader's Name		Leader's Name
1		6	
2		7	
3		8	
4		9	
5		10	
	Scout's Name		Scout's Name
1		21	
2		22	
3		23	
4		24	
5		25	
6		26	
7		27	
8		28	
9		29	
10		30	
11		31	
12		32	
13		33	
14		34	
15		35	
16		36	
17		37	
18		38	

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Fee Transmittal Form

Middle Tennessee Council, BSA – Boy Scout Winter Camp

(Reproduce as needed and mail copy with each fee payment)

Troop #: _____ Council: _____ District: _____

Registration Chairperson: _____ Cell Phone: _____

Email: _____ Other Phone: _____

Boy Scout Winter Camp Fees: Scouts: \$110.00 Adults: \$40.00

**There is a \$20 early bird discount for each Scout who has submitted their \$30 deposit by November 11, 2011.
This minimum deposit is required, regardless of date, in order to reserve the Scout's place in merit badge classes.**

This transmittal includes:

Scouts:	<u># of Scouts</u>		<u>Totals</u>
\$30 Deposits (Early Bird by 11/11/11)	_____	@	\$30 = _____
Balance if Early Bird Deposit Paid (\$110- \$30)	_____	@	\$95 = _____
Early Bird Fee—Full Payment/No Deposit made (\$95)	_____	@	\$95 = _____
Regular Fee – Full Payment/No Deposit made (\$110)	_____	@	\$110 = _____
Extra Adults (each troop gets 2 free adults)	_____	@	\$40 = _____
Program Fee's (must be paid in advance)	_____		_____
Total Fees Submitted with this Transmittal			_____
<input type="checkbox"/> Check here if this is YOUR FINAL TRANSMITTAL FORM			_____
			FINAL PAYMENT

When paying by troop or personal checks, please indicate your troop number on the check. Make checks payable to: BSA – Winter Camp / Middle Tennessee Council, BSA, P.O. Box 150409, Nashville, TN 37215 / Telephone: (615) 383-9724

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**PARENTAL PERMISSION AND RELEASE FORM
For Participating In the Horsemanship Program and Horsemanship
Riding**

MINOR'S NAME _____
(PRINT)

I _____
(PRINT)

of the above named minor do hereby give permission to participate in the Horsemanship Program.

I do further agree to indemnify and save harmless the Boy Scouts of America, Middle Tennessee Council and all officers, members, employees, and volunteers thereof, from all suits of actions brought for, or on account of, any injuries or damages received or sustained by any person or persons by or from the consequences of any negligence or any act of omission of the above named minor occurring during the course of said instruction.

Signed _____ **Parent** _____ **Legal Guardian** _____

Date _____

NOTE: Please make copies for each one participating and make sure you bring this form to camp for the Horsemanship Merit Badge Program.

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Adults Can Volunteer to Help Camp Staff

Does your troop have some extra adults who need something special to do at camp? Maybe you can provide some VOLUNTEER ADULT STAFF MEMBERS this summer. Talk to the adults who work with your troop. See if anyone wants to teach their favorite skill at camp, to boys from your troop and other troops.

Please complete this form and send it to the Scout Office as soon as possible so that the Program Director will know what they would like to teach and when. We will re-confirm your volunteer staff plans at the ten day out meeting, and announce this to all troops that will be at camp that week.

Adults from your troop may also want to help out at camp in other ways. We always need help with plumbing and electrical work, carpentry, and other camp maintenance. Use the form to tell us about it. If there are questions, we will get back in touch with you.

Leaders will be recognized at the Closing Night Camp Fire.

Name of Adult _____ Unit Number _____ Scouting Position _____

Address _____ City _____ State ___ Zip _____

Phone Number(s) _____

WHEN will you be available at camp? (Which week and which days or dates) _____

PLEASE CHECK THE THINGS YOU WANT TO VOLUNTEER FOR AT CAMP

_____ Instructing merit badge skills to Scouts from all over camp.

List merit badges _____

_____ Helping the staff to instruct skills as an adult helper

List subjects _____

_____ Helping with camp maintenance and improvements

List things you can do or want to do _____

List tools you can bring for work at camp _____

Other _____

Send this form to: Middle Tennessee Council, BSA, P.O. Box 150409, Nashville, TN 37215

For more information, call Carl Adkins at (615) 383-9724 or E-mail to programassistant@mtcbsa.org.

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Scout Release Request

INSTRUCTIONS

Scouts desiring to leave the Camp prior to the Troop’s departure or not as part of the Troop must have a release signed by their parents and approved by the troop leader. Scouts will normally be permitted to leave only when accompanied by their parents. The form below must be used in handling all such departures.

In an emergency, it may not be possible for a parent or parents to sign the release. In the event, sufficient information must be recorded attesting to the telephone call or means of communication by which word arrived asking for the release of the Scout. This information should document the person from whom the call was received, verify telephone confirmation of the parent asking for release of the Scout and give detailed reasons for the requested release.

Request is made that _____

Home Address _____

Home Council _____ Council No. _____ Headquarters (city and state) _____

Troop No. _____ Campsite _____

be permitted to leave the camp for the following reason: _____

The Scout is to leave on: Date _____ Time: _____ Method of Travel _____

Accompanied by _____

The Scout is to return on: Date _____ Time _____

In signing this request for release, the BSA, the local BSA council, the troop leaders, and the Scout’s parents or guardians mutually acknowledge that there will be no refund of the camp fee; that the camp health and accident insurance terminates with the Scout’s departure from the campsite or troop; and that the BSA or its representatives shall not be liable for any loss or injury to the Scout’s person or property.

This request is made by (parents’ or guardians’ signature required except as noted for emergency departure requests).

Parents or guardians’ signature (s) _____

Address _____

Telephone No. (H) _____ (W) _____ Request made (date and time) _____

Troop Leader’s signature of approval _____

=====

ON-SITE RELEASE

Before leaving the campsite or troop, Scouts must check out with their troop leader and the Camp HQ.

Signed: _____ Troop Leader, Troop No. _____ Date _____

Signed: _____ Camp Headquarters, Date _____

Keep the original for use at the time of release. Give parents a photocopy.

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Refund Request Form – Boy Scout/Cub Scout Camp

The Middle Tennessee Council Camping Committee’s refund policy reads: Individuals that cancel a reservation 10 days prior to attending Summer Camp will receive a refund of fees paid, less a \$30.00 cancellation charge. **No refunds will be made after the 10-day cancellation deadline.**

NO REFUNDS WILL BE CONSIDERED UNLESS THIS FORM IS COMPLETED AND RECEIVED AT THE JET POTTER SCOUT SERVICE CENTER 10 DAYS BEFORE UNIT’S FIRST DAY IN CAMP.

Scouts Name _____ Unit # _____ Week/Session # _____

Fees Paid \$ _____ Amount of refund requested \$ _____

Reason for Refund Request (be specific) _____

Please provide the following information to receive your refund:

TROOPS (refund will be sent to Scoutmaster of record)	PACKS (refund can be sent to individual or pack)
Name of Scoutmaster: _____	Name: _____
Address of Scoutmaster: _____	Address: _____
City: _____ State: _____	City: _____ State: _____
ZIP: _____ Phone: _____	ZIP: _____ Phone: _____

I understand this request will be reviewed and, if approved, payment will be made to the person named above or the pack/troop leader as appropriate.

Signature _____ Date _____

Do Not Write Below This Line

FOR OFFICE USE ONLY

Reviewed by _____ Date _____

Amount of refund granted \$ _____

If no money granted, why? _____

Date check request submitted: _____ Submitted by: _____

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Provisional Camper Application

(This form to be used by Scouts who wish to attend camp ***without*** Adult Leadership)

Fee for Provisional Scout \$110

Troop Number: _____ Council: _____

Name of Scout: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: (_____) _____ - _____ Date of Birth: ____/____/____

Rank: _____ Prior Years at Boxwell: _____

Emergency Information:

Parent/Guardian Name: _____

Daytime Phone: (_____) _____ - _____ Evening Phone: (_____) _____ - _____

Other Emergency Contacts:

Name: _____ Relationship: _____

Daytime Phone: (_____) _____ - _____ Evening Phone: (_____) _____ - _____

Name: _____ Relationship: _____

Daytime Phone: (_____) _____ - _____ Evening Phone: (_____) _____ - _____

Other Information

Merit Badge Selections - Merit Badge Schedule page

Wednesday Dec. 28: First Choice _____ Second Choice _____ Third Choice _____

Thursday Dec. 29: First Choice _____ Second Choice _____ Third Choice _____

Friday Dec. 30: First Choice _____ Second Choice _____ Third Choice _____

Approvals

Parent/Guardian Signature: _____ Date: _____

Scoutmaster Signature: _____ Date: _____

Instructions:

1. Complete all sections.
2. Attach the appropriate fees and return to the Council Service Center. (\$30 deposit)
3. Bring Medical Form to camp check in. (Annual Health and Medical Record)

Mail application to: Middle Tennessee Council, BSA, P.O. Box 150409, Nashville, TN 37215

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"Adopted" Scout

Can't go to camp with your Troop but you know what Troop you would like to attend with?

Then this form is for you!

This form is to be used by Scouts who will be attending Winter Camp with a Troop that is not his own. **NOTE: This is different from a Provisional Scout.** Provisional Scouts will be placed in the Boxwell Provisional Troop.

This form must be filled out in its entirety and accompany the Troop Fee Transmittal Form.

Troop # (where registered): _____ Troop # (you are attending with): _____

Name of Scout: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Birth Date: _____

Rank: _____ Prior Years at Boxwell: _____

I give my son permission to attend Winter Camp at Boxwell Reservation with a different Troop than the one he is registered in.

Parent's Approval: _____

Parent's Work/Cell Phone Number: _____

I accept responsibility for the well-being of the Scout named above during our week at Summer Camp.

Camp Scoutmaster's Approval: _____

Work/Cell Phone Number: _____

Merit Badge Selections

Wednesday Dec. 28: First Choice _____ Second Choice _____ Third
Choice _____

Thursday Dec. 29: First Choice _____ Second Choice _____ Third
Choice _____

Friday Dec. 30: First Choice _____ Second Choice _____ Third
Choice _____

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Baden Powell Troop Award Requirements

Winter Camp 2011

Troop # _____

Scoutmaster _____

1. Participate in an inter-troop activity with another unit at Winter Camp.
2. Practice the patrol method while in Winter Camp
3. Attend the afternoon programs each day
4. Discover where the camp trash dumpster is and use it
5. Do an approved troop service project for camp while attending Winter Camp
6. Find out a new feature planned for this upcoming Summer Camp at Boxwell
7. Attend both campfires while at Winter Camp
8. Have a staff member share some Boxwell history with you
9. Meet at least one other Troop form outside Middle TN Council while at Winter Camp
10. Have a Patrol Leaders' Council or Troop Meeting while at Winter Camp

To earn the award you MUST complete 7 of the 10 requirements while at Winter Camp. You must turn the completed form into the Camp Director no later than supper on Tuesday evening.

Signed: _____ (SPL)

Signed: _____ (Scoutmaster)

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Emergency contact No.:

Allergies:

DOB:

Full name:

Annual BSA Health and Medical Record Part A

High-adventure base participants:
Expedition/crew No.: _____
or staff position: _____

GENERAL INFORMATION

Name _____ Date of birth _____ Age _____ Male Female
Address _____ Grade completed (youth only) asf
City _____ State _____ Zip _____ Phone No. _____
Unit leader _____ Council name/No. _____ Unit No. _____
Social Security No. (optional; may be required by medical facilities for treatment) _____ Religious preference _____
Health/accident insurance company _____ Policy No. _____

ATTACH A PHOTOCOPY OF BOTH SIDES OF INSURANCE CARD. IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE."

In case of emergency, notify:

Name _____ Relationship _____
Address _____
Home phone _____ Business phone _____ Cell phone _____
Alternate contact _____ Alternate's phone _____

HEALTH HISTORY

Are you now, or have you ever been treated for any of the following:

Yes	No	Condition	Explain
		Asthma Last attack: _____	
		Diabetes Last HbA1c: _____	
		Hypertension (high blood pressure)	
		Heart disease (e.g., CHF, CAD, MI)	
		Stroke/TIA	
		Lung/respiratory disease	
		Ear/sinus problems	
		Muscular/skeletal condition	
		Menstrual problems (women only)	
		Psychiatric/psychological and emotional difficulties	
		Behavioral disorders (e.g., ADD, ADHD, Asperger syndrome, autism)	
		Bleeding disorders	
		Fainting spells	
		Thyroid disease	
		Kidney disease	
		Sickle cell disease	
		Seizures Last seizure: _____	
		Sleep disorders (e.g., sleep apnea)	Use CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
		Abdominal/digestive problems	
		Surgery	
		Serious injury	
		Other	

Allergies or Reaction to:

Medication _____
Food, Plants, or Insect Bites _____

Immunizations:

The following are recommended by the BSA. Tetanus immunization is required and must have been received within the last 10 years. If had disease, put "D" and the year. If immunized, check the box and the year received.

Yes	No	Date
<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____
<input type="checkbox"/>	<input type="checkbox"/>	Pertussis _____
<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria _____
<input type="checkbox"/>	<input type="checkbox"/>	Measles _____
<input type="checkbox"/>	<input type="checkbox"/>	Mumps _____
<input type="checkbox"/>	<input type="checkbox"/>	Rubella _____
<input type="checkbox"/>	<input type="checkbox"/>	Polio _____
<input type="checkbox"/>	<input type="checkbox"/>	Chicken pox _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B _____
<input type="checkbox"/>	<input type="checkbox"/>	Influenza _____
<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., HIB) _____

Exemption to immunizations claimed (form required).

(For more information about immunizations, as well as the immunization exemption form, see Scouting Safely on Scouting.org.)

MEDICATIONS

List all medications currently used. (If additional space is needed, please photocopy this part of the health form.) Inhalers and EpiPen information must be included, even if they are for occasional or emergency use only.

Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____
Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____

Administration of the above medications is approved by (if required by your state): _____ / _____
Parent/guardian signature and/or MD/DO, NP, or PA signature

Be sure to bring medications in sufficient quantities and the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication.

Part B

INFORMED CONSENT AND HOLD HARMLESS/RELEASE AGREEMENT

High-adventure base participants:

Expedition/crew No.: _____
or staff position: _____

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I also understand that participation in these activities is entirely voluntary and requires participants to abide by applicable rules and standards of conduct.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

I have carefully considered the risk involved and give consent for myself and/or my child to participate in these activities. I approve the sharing of the information on this form with BSA volunteers and professionals who need to know of medical situations that might require special consideration for the safe conducting of Scouting activities.

I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

- Without restrictions.
- With special considerations or restrictions (list) _____

TALENT RELEASE AGREEMENT

I hereby assign and grant to the local council and the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America, and I specifically waive any right to any compensation I may have for any of the foregoing.

- Yes No

ADULTS AUTHORIZED TO TAKE YOUTH TO AND FROM EVENTS:

You must designate at least one adult. Please include a telephone number.

- 1. Name _____ Telephone _____
- 2. Name _____ Telephone _____
- 3. Name _____ Telephone _____

Adults NOT authorized to take youth to and from events:

- 1. Name _____
- 2. Name _____
- 3. Name _____

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity.

If I am participating at Philmont, Philmont Training Center, Northern Tier, or Florida Sea Base: I have also read and understand the risk advisories explained in Part D, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider.

Participant's name _____

Participant's signature _____ Date _____

Parent/guardian's signature _____ Date _____

(if participant is under the age of 18)

This Annual Health and Medical Record is valid for 12 calendar months.

Part B Full name: _____ **DOB:** _____

High-adventure base participants:

Expedition/crew No.: _____
 or staff position: _____

Part C

TO THE EXAMINING HEALTH-CARE PROVIDER (Certified and licensed physicians [MD, DO], nurse practitioners, and physician's assistants)

You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program at one of the national high-adventure bases, please refer to Part D for additional information.

(Part D was made available to me. Yes No)

PHYSICAL EXAMINATION

Height (inches) _____ Weight (pounds) _____ Maximum weight for height _____ Meets height/weight limits Yes No
 Blood pressure _____ Pulse _____ Percent body fat (optional) _____

If you exceed the maximum weight for height as explained on this page and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle-accessible roadway, you **will not** be allowed to participate. At the discretion of the medical advisors of the event and/or camp, participation of an individual exceeding the maximum weight for height may be allowed if the body fat percentage measured by the health-care provider is determined to be 20 percent or less for a female or 15 percent or less for a male. (Philmont requires a water-displacement test to be used for this determination.) Please call the event leader and/or camp if you have any questions. Enforcing the height/weight guidelines is strongly encouraged for all other events.

	Normal	Abnormal	Explain Any Abnormalities	Range of Mobility	Normal	Abnormal	Explain Any Abnormalities
Eyes				Knees (both)			
Ears				Ankles (both)			
Nose				Spine			
Throat							
Lungs							
Neurological				Other	Yes	No	
Heart				Contacts			
Abdomen				Dentures			
Genitalia				Braces			
Skin				Inguinal hernia			Explain
Emotional adjustment				Medical equipment (i.e., CPAP, oxygen)			
Tuberculosis (TB) skin test (if required by your state for BSA camp staff)				<input type="checkbox"/> Negative <input type="checkbox"/> Positive			

Allergies (to what agent, type of reaction, treatment): _____

Restrictions (if none, so state) _____

EXAMINER'S CERTIFICATION

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant

- Meets height/weight requirements
- Does not have uncontrolled heart disease, asthma, or hypertension
- Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from their orthopedic surgeon or treating physician
- Has no uncontrolled psychiatric disorders
- Has had no seizures in the last year
- Does not have poorly controlled diabetes
- If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures

Provider printed name _____

Address _____

City, state, zip _____

Office phone _____

Signature _____

Date _____

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptance
60	97-138	139-166	166
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

DO NOT WRITE IN THIS BOX

REVIEW FOR CAMP OR SPECIAL ACTIVITY

Reviewed by _____ Date _____

Further approval required Yes No Reason _____

By _____ Date _____

Part C Full name: _____ **DOB:** _____