

# Middle Tennessee Council

## Fall Cub and Family Weekend 2019 LEADERS GUIDE



## Latimer Cub and Family

# October 4 - 6, 2019

334 Plantation Road

Spencer, TN 38585

Dear Cub Scout and Families of Middle Tennessee,

On behalf of the Latimer Cub and Family Camp Committee, we are excited to welcome you to the third annual Fall Cub and Family Weekend for your Cub Scout unit.

I hope you will do whatever you can to help encourage every scout and parent in your unit to join us as we get outdoors, explore nature, camp, hike, and just have fun.

Cub and Family Camping fulfills a vital part of the Cub Scout experience. It's an opportunity for new Cub Scouts and their parents to enjoy camping together; after all, what young scout wouldn't enjoy camping?

A positive camping experience is a great way to show a new Cub Scout what to look forward to in Cub Scouts. Come out and enjoy the fun with activities such as archery, fishing, human foosball, gaga ball, and lots of FUN with 1800's era activities.

This event is open to all Packs. If you are unable attend as a Pack, you are welcome to attend with your family. Participation is limited to the first 225 Cub Scouts and their families that register.

We are so blessed in the Middle Tennessee Council to have incredible camping properties, such as Latimer Reservation, and a wide variety of programs for youth and adults to choose from. This guidebook provides important information to help you better plan and prepare for the upcoming Cub and Family adventure.

Yours in Scouting,

Raymond Straughan

[raymond\\_straughan@yahoo.com](mailto:raymond_straughan@yahoo.com)

Latimer Cub and Family Camp Director

Ron Turpin

Cell 615-516-9751 or

[rturpin@mtcbsa.org](mailto:rturpin@mtcbsa.org)

Latimer Cub and Family Staff Advisor

# **General Information and Registration**

## **Who May Attend**

Registered Cub Scouts and their families may attend. We encourage the whole family to attend. A responsible adult who will remain there with them during the event must accompany youth to the Cub and Family Camp. Activities are appropriate for Cub Scouts of all ages - Lions, Webelos, and all ages between.

## **When**

Friday, October 4 through Sunday, October 6, 2019.

## **Registration**

Online registration is available at [www.mtcbsa.org](http://www.mtcbsa.org) under "Camping and Outdoor Programs". Select "Cub Scouts" and finally "Additional Opportunities." Registration can be made by the Pack or individually.

Packs that have several attendees can register as a Pack and submit ONE registration for the entire group.

If you are a parent wishing to attend but your Pack will not be, you will need to complete a registration for your family. Everyone should be aware that pre-registration is REQUIRED, and each Scout registered to attend will receive a participation patch. Additional patches may be purchased at the Scout Shop on Saturday.

Packs are assigned campsites and will camp together.

For additional information visit the Council website or call the Council Service Center at 615-383-9724.

## **Cost**

The registration fee for the Cub and Family will be \$25.00 per Scout. This fee includes all family members and leaders. There is no cost for Guests (Leaders, Adults, and non-Scout Siblings.)

## **Food**

Meals are to be provided by Pack, Den, or Family or as follows:

For your convenience, we will be offering meal tickets. No stoves or cookware to pack, no cooking, no cleanup, and no extra trash in your campsite to dispose. Just think, you can simply come to the dining hall and enjoy your meals. The cost of each meal ticket is \$20.00 per person. Each meal ticket will be good for four (4) meals (Saturday Breakfast, Lunch and Dinner and Sunday Breakfast). Only 225 tickets will be available for purchase.

**YOU MUST PRE-REGISTER FOR MEAL TICKETS. NO MEAL TICKETS WILL BE AVAILABLE ONSITE.**

**Pre-order tickets individually or for the whole pack.**



### **Saturday Menu:**

Breakfast - Pancakes, Sausage links, Egg, Cereal, Milk, Juice and Coffee

Lunch – Hot Dogs, Chips, Apple Slices, Cookies, Drink

Dinner - Hamburgers, Mac & Cheese, Fruit Cup, Sherbet, Drink

### **Sunday Menu:**

Breakfast - Biscuit, Sausage patty, Egg, Cereal, Milk, Juice and Coffee

## **Camping**

Camping will be in the base camp area of Latimer. The number of Scouts and family members that are pre-registered will determine the size of each Pack campsite. Fire pits may not be constructed in campsites. Campfires will need to be off the ground to include those in a fire barrel (we have a very limited number of barrels available at Latimer). Packs can have One (1) fire pit. Larger packs may need two, please bring your own. Use containers and follow the rules of Leave No Trace.

## **Sleeping Facilities**

Everyone will need to provide tents, sleeping bags and personal gear, if you have special needs please make note of those needs when you register. (See Personal Equipment List).

Participants may stay in tent city for a fee of \$20 per tent (2 persons per tent). Tent city capacity is limited so be sure to reserve at registration. (The fee for tent city is in addition to Scout registration).

## **General Store @ Latimer**

The General Store located in the rear of the Latimer Dining Hall. The store will be open during the Cub and Family Saturday.

The General Store will offer Latimer tee shirts, hoodies, cold drinks, candy and snacks. The store accepts cash and major credit cards. Be sure to pop into the General Store throughout the day on Saturday to check out items and specials. We have ICE! 10lb bag of ice \$1.00

### **General Store Hours**

**Friday Night 7:00 pm - 9:00 pm**

**Saturday 9:00 am - 11:00 am, 1:00 pm - 4:00 pm, 7:00 pm - 9:00 pm**

**Sunday 8:00 am - 9:00 am**

# Arrival and Check-in

## Directions to Latimer Reservation

Located on the Cumberland Plateau at:

334 Plantation Road

Spencer, TN 37138 (Van Buren County)

N 35° 47.554 / W 85° 17.016

423-881-5376

423-881-5513

[www.latimerbsa.org](http://www.latimerbsa.org)

- From the north, take I-24 E to Nashville to I-40 E to Exit 288, turn south onto Highway 111. Follow Highway 111 for 28.3 miles (Spencer), turn left onto spur for .1 mile, turn right onto Highway 30, follow Highway 30 East for 7.8 miles, turn left onto Highway 285 East, follow Highway 285 East for 7.1 miles, turn left onto Van Winkle Road (Lonewood Church on your left), follow Van Winkle Road for .8 mile, turn left onto Wilson Road for .4 mile, turn right onto Lewis Road for .6 mile to entrance.
- From the east or west, take Interstate 40 East or Interstate 40 West to Exit 288 (Cookeville/Sparta), turn south onto Highway 111. Follow Highway 111 for 28.3 miles (Spencer), turn left onto spur for .1 mile, turn right onto Highway 30, follow Highway 30 East for 7.8 miles, turn left onto Highway 285 East, follow Highway 285 East for 7.1 miles, turn left onto Van Winkle Road (Lonewood Church on your left), follow Van Winkle Road for .8 mile, turn left onto Wilson Road for .4 mile, turn right onto Lewis Road for .6 mile to entrance.
- From the south (Chattanooga), follow Highway 27 N to Highway 111 N to Highway 30 E. follow Highway 30 East for 7.8 miles, turn left onto Highway 285 East, follow Highway 285 East for 7.1 miles, turn left onto Van Winkle Road (Lonewood Church on your left), follow Van Winkle Road for .8 mile, turn left onto Wilson Road for .4 mile, turn right onto Lewis Road for .6 mile to entrance.
- From the east (Option B), take I-40 W to exit 322. Take Highway 101 (Peavine Road). Follow signs to Highway 70/101 (Lantana Road). Travel from I-40 approximately 24 miles to Highway 285 W. turn right for 4.9 miles onto Van Winkle Road (at the Lonewood Baptist Church of Christ on your right forward), follow Van Winkle Road for .8 mile, turn left onto Wilson Road for .4 mile, turn right onto Lewis Road for .6 mile to entrance.



## **Check-in**

The Cub and Family check-in location will be on Latimer Reservation as you enter. Watch for our signs as you drive in. Our Camp Staff will greet you, check you in, and direct you to your campsite. Camp Staff in the Latimer Reservation camp areas will assist you in finding your campsite.

Please plan your arrival between 5:00 pm and 9:00 pm on Friday. Camp Staff will not be available to check campers in prior to 5:00 pm or after 9:00 pm on Friday. If you need to arrive early please notify the Camp Director.

## **Vehicles in Camp**

NO RVs or Pop-up camp trailers allowed on the Reservation, no exceptions.

Due to the number of attendees at the Latimer Cub and Family Camp, attendees are requested to carpool as much as possible. Parking is available near the campsites but not in the campsites. There will be a lot of foot traffic within the camping areas, we ask that once a vehicle is unloaded that it be moved and parked and that the vehicle remain parked throughout the Cub and Family weekend. If you know in advance that you will be leaving Latimer and coming back during the Cub and Family weekend, you must check out and check in with Camp Staff.

## **Shuttle Service**

Limited shuttle service will be provided for those physically unable to walk to and from program areas. Allow plenty of time to transit to activities. Driving from camping areas to program areas will be strictly forbidden. No one under 18 will be allowed to drive on the reservation.

**It is PROHIBITED to drive a truck or trailer on camp property with youths or adults unrestrained in the back or on the sides. This means NO RIDING IN TRUCK BEDS!**

## **Health & Safety**

Safety is of the utmost importance at Latimer. Everyone attending Scout, Adult, or Sibling is required by BSA to provide a completed BSA medical form (Parts A & B). Additional copies of the BSA Health and Medical Record will be available at check-in.

These forms should remain with the Pack Leader or Parents (if attending as a family).

Should you need to visit the First Aid Station, please be prepared to present this form to the staff. If necessary, Van Buren County Emergency Management will be contacted for serious conditions.

All youth will receive a wristband. These bands must always be worn during the camp session. Leaders are asked to write the youth's Pack Number and a contact phone number on the wristband in indelible ink in the event the child gets separated from their Pack or family member. Immediately report any missing person to the Camp Staff.

## **Emergencies**

To notify the Camp Office of an emergency, send a runner to the Latimer Cub and Family Office Headquarters in the TOLBERT CENTER, or notify a member of our key Camp Staff.

When calling 911 for an emergency, it is important that an adult clearly describe the nature of the emergency to the 911 operators to initiate an appropriate response. If asked which county, please tell them Van Buren County.

The Camp Office monitors the National Weather Service Radio and Internet weather sources for information concerning severe weather conditions.

## **First Aid**

Trained first aid responders will be located at the Cub and Family Headquarters during Saturday's events.

Injuries requiring minor first aid should be handled by the Pack. If first aid is required for a serious emergency, dial 911 and notify the Camp Office.

Fire: Evacuate the tent, or area immediately. All camp buildings are equipped with fire extinguishers for use on small fires by qualified adults. Analyze the situation, and if appropriate, utilize the fire extinguisher or call 911. Notify the Camp Office.

Severe Thunderstorm: In the event of a severe thunderstorm seek shelter inside one of the camp buildings, or personal vehicle.

## **Personal Hygiene**

Water and private sanitary facilities are located near tent city.

Water access and Port-O-Potties will be strategically placed around the camping area.



# **Personal Equipment List**

## **All Cub Scouts**

- Cub Scout Uniform (optional)
- Cub Scout T-Shirts
- Raincoat/Poncho
- Jacket, coat, or sweatshirt, suitable for expected fall weather conditions
- Change of pants, shirt, socks, underwear
- Toiletries (toothbrush, toothpaste, soap)
- Closed toed shoes, sneakers, or hiking boots
- Water Bottle
- Sleeping Bag or warm blankets
- Pillow
- Flashlight

## **Optional:**

- Snacks
- Spending money for Trading Post, Scout Shop
- Compass

## **Tent and additional items:**

- Tent, waterproof, in good repair
- Sleeping pad, air mattress, or blankets to insulate under your sleeping bag
- Tarp, to place under the tent to limit ground moisture, tuck edges under tent to prevent rain water from running under the tent floor.
- Stocking cap to wear while sleeping, 30% of heat loss is through the head



## **Tent Camping Tips**

Properly prepared Scouts stay warm, dry, and comfortable in their tents in all kinds of weather conditions. Here's a few tips gathered over the years to stay warm, dry, and comfortable. It is not necessary to invest in expensive camping gear to camp in the moderate weather conditions found in middle Tennessee in early October. As Webelos transition to Boy Scouts, they encounter more challenging weather conditions; consult with your Cubmaster, Den Leader, or Scoutmaster before purchasing gear to understand if it will be appropriate for Boy Scout use. A great resource for camping gear and preparation is the Boy Scout Handbook.

1. Site selection. Find a level place with good drainage, free of sticks and rocks. Assume that it will rain and verify that your tent will not be sitting in a puddle if it does rain.
2. Place a tarp under your tent to prevent ground moisture from being drawn up into your tent. Tuck the edges of the tarp under the tent so that rainwater does not run under your tent.
3. Pitch your tent, staking it to the ground, and attaching the guy ropes as necessary for your tent.
4. Use a sleeping pad, air mattress, blankets, or other material to insulate your sleeping bag from the cold ground.
5. Use a sleeping bag, several warm blankets, or a combination of blankets and your sleeping bag.
6. In cool or cold weather, the best thing to wear at night is synthetic long john tops and bottoms and synthetic socks. In moderate weather, a tee shirt, sweatshirt, and sweat pants will work. There is a saying amongst backcountry campers, and that is, "cotton kills". Cotton materials absorb sweat and moisture and dry very slowly and contribute to heat loss. Change into fresh, dry clothes and socks just before crawling into your sleeping bag.
7. When it is cold, wear a knit stocking cap at night. 30% of body heat is lost through your head, and that is the most exposed portion of your body while in a sleeping bag.
8. Do not take food into your tent. Many critters love the easy meal of your snacks and can rip holes into your tent while you are away. Bugs and ants also love a tasty snack.
9. Do not use any fire or flames in your tent. Tents and sleeping bags are very flammable.
10. The guy ropes from tents are of hazard to young Cub Scouts who seem to run everywhere. During daylight, they dodge most, but not all the guy ropes. During the night, they seem to trip over most of them. Be alert to Cub Scouts running the dark and have them avoid the tent areas in the daytime while they play.
11. When it is raining, avoid touching the inside of the tent. This can be a source of condensation and in some tents, this facilitates leaks.

## **Prohibited and Restricted Items**

**Tobacco:** The use of tobacco products by anyone under the age of 18 will not be tolerated. Adults may use tobacco products only in areas away from all participants. Council properties are tobacco-free zones, including all buildings, campsites, trails, and program areas. Smoking in tents and campsites, or in view of any Scout is strictly prohibited.

**Chemical Fuels:** Gas-fueled lanterns and stoves (canister type fuels are recommended over liquid) may be used for outdoor lighting and cooking. The use of gas-fueled lanterns and stoves in any tent is strictly prohibited. A responsible adult, who is knowledgeable in safety precautions, must do lighting and refueling; fuel is never handled by youth. The use of liquid fuels as a fire-starter is strictly prohibited.

**Alcohol and Drugs:** It is the policy of the Boy Scouts of America that the use of alcoholic beverages and controlled substances are not permitted on property owned and/or operated by the Boy Scouts of America, or at any activity involving participation of youth members.

**Weapons:** No weapons of any kind are permitted at camp. This includes personal archery and rifle/BB equipment. Weapons are not permitted to be stored in vehicles in camp parking lots.

**Chainsaws:** Chainsaws are not permitted.

**Pets:** Pets are not permitted at any camp at any time – no exceptions. Please advise all parents to leave pets at home.

**Rest:** Sleep, or lack thereof, can be one of the greatest causes of a fantastic or poor week. The unit leader should see that from 10:30 pm until 6:00 am each night the campsite is quiet.

## **Natural Wildlife**

Latimer abounds with natural wildlife, including deer, birds, wild hogs, and other creatures. For this reason, we do not allow any pets from home to be brought into camp. We also ask that you not take any wildlife home with you. While most rattlesnakes and reptiles are anxious to elude people that come into their territory, great caution and care should be taken to avoid them while in camp. If you find any rattlesnakes or other reptiles in camp, please leave them alone and notify a Camp Staff Member immediately.

## **Leave No Trace**

Please review with your Pack the Leave No Trace Front Country Guidelines prior to the Cub and Family Camp, these are available on [Scouting.org](http://Scouting.org)

**Plan Ahead:** Watch for hazards and follow all the rules of the park or outdoor facility. Remember proper clothing, sunscreen, hats, first aid kits, and plenty of drinking water. Use the buddy system. Make sure you carry your family's name, phone number, and address.

**Stick to Trails:** Stay on marked trails whenever possible. Short-cutting trails causes the soil to wear away or to be packed, which eventually kills trees and other vegetation. Trampled wildflowers and vegetation take years to recover. Stick to trails!

**Leave What You Find:** When visiting any outdoor area, try to leave it the same as you find it. The less impact we each make, the longer we will enjoy what we have. Even picking flowers denies others the opportunity to see them and reduces seeds, which means fewer plants next year.

Use established restrooms. Graffiti and vandalism have no place anywhere, and they spoil the experience for others. Leave your mark by doing an approved conservation project.

**Respect Other Visitors:** Expect to meet other visitors. Be courteous and make room for others. Control your speed when biking or running. Pass with care and let others know before you pass. Avoid disturbing others by making noise or playing loud music, and abide by the scheduled Quiet Time (10:30 pm to 6:00 am)

Respect "No Trespassing" signs. If property boundaries are unclear, do not enter the area.

**Trash Your Trash:** Make sure all trash is put in a trash bag. Trash is unsightly and ruins everyone's outdoor experience. Your trash can kill wildlife. Even materials, such as orange peels, apple cores and food scraps, take years to break down and may attract unwanted pests that could become a problem. There are dumpsters near the LaRoche Dining Hall or you can pack your garbage to go home with you. Leave No Trace.



## **Let's have Some Fun**

We want everyone to come out and enjoy this opportunity to spend time with your family and friends while enjoying the setting only Latimer can offer. There will be some activities provided in an open schedule format so that you can enjoy them at your own convenience such as fishing and human foosball. Times have been set aside in the schedule to allow you to take advantage of the opportunities that Latimer Reservation has to offer.

Because scheduled activities generally take more time to get through, we will be assigning scheduled times and locations, by campsite and age groups.

The activity schedules will be handed out at Friday night's Leaders' Meeting.

## **Schedule**

In general, Friday evening will be set aside for campsite set up and the leaders' meeting. Saturday will start off with a flag raising ceremony at the Tolbert Center flagpole, followed by the activities. Activity areas will close at 5:00 pm Saturday.

A Scout's Own service will be offered on Sunday morning at the TRINITY CHAPEL.

### **Friday**

5:00 pm to 9:00 p.m. - Arrival and check-in

9:15 pm - Leaders Meet at (LaRoche Dining Hall)

10:30 pm - Lights out (Quiet time)

### **Saturday**

7:45 am or before: Breakfast at your camp site

7:45 am - Breakfast in Dining Hall – Meal Tickets Required

8:30 am - Assembly, flag ceremony at TOLBERT CENTER Flag

9:00 am to Noon – All Activities are Open

## **Saturday continued**

Noon - Lunch in Dining Hall – Meal Ticket Required

Noon - Lunch at your campsite

2:00 to 5:00 pm - All Activities are Open

5:10 pm - Assembly, Retiring the Flag

5:30 pm – Dinner in Dining Hall – Meal Ticket Required

5:30 pm - Dinner at campsite

7:30 pm - Campfire (songs or skits from Packs or district)

10:30 pm - Lights out

## **Sunday**

7:45 am - Breakfast in Dining Hall – Meal Ticket Required

7:45 am – Breakfast in Campsite

8:30 am - Scout's Own service at TRINITY CHAPEL

9:00 am to 9:30 am - Checkout

Due to time and supply restrictions, all activities are reserved for Cub Scouts; parents should not expect siblings to participate.

## **Archery**

Please Note: Due to BSA safety standards, children under the age of 6 years old will NOT be allowed to shoot at the ranges.

The Archery program provides a great chance for your Cub Scouts to participate in their shooting skills. We will be providing "Safety Guidelines for BB & Archery. "

This training can be done before the pack comes to Cub and Family, or Friday evening in your campsite.

Having completed the required training prior to coming to the range will allow the Range Officer the option of providing an abbreviated version of the range training program at the range and get the boys on the range quicker.

## **Volunteers**

Volunteers are what make Scouting events great. If you would like to volunteer yourself, your Pack, or your Troop to help with the Cub and Family Camp, please contact the Camp Director or Staff Advisor.

2019 Camp Director: Raymond Straughan

Email: [raymond\\_straughan@yahoo.com](mailto:raymond_straughan@yahoo.com)

2019 Staff Advisor: Ron Turpin

Email: [rturpin@mtcbsa.org](mailto:rturpin@mtcbsa.org)

## **Checkout**

All campsites will be inspected upon checkout. Please see a staff member for a checkout inspection. Once your Pack's campsite been passed inspection, your unit leader or family member (if attending as a family) will be ready to leave.

